

Mount Kenya



University

UNIVERSITY EXAMINATION 2014/2015

**SCHOOL OF EDUCATION
DEPARTMENT OF EDUCATIONAL PSYCHOLOGY AND FOUNDATION**

**BACHELOR OF EDUCATION
REGULAR**

UNIT CODE: BEP2201

**UNIT TITLE: GUIDANCE AND COUNSELING IN
EDUCATION**

DATE: DECEMBER 2014

MAIN EXAM

TIME: 2 HOURS

**INSTRUCTIONS: ANSWER QUESTION ONE AND ANY OTHER TWO
QUESTIONS**

SECTION A: 30 MARKS

1. a) Describe four objectives of guidance and counseling in school. (8 Marks)
- b) Distinguish between guidance and counseling. (4 Marks)
- c) Explain four limitations of group counseling. (8 Marks)
- d) Describe four characteristics of a good counseling relationship. (4 Marks)
- e) Describe the three core conditions from the person centered theory/approach. (6 Marks)

SECTION B: 40 MARKS

2. a) Analyse five roles of the teacher counselor in establishing an effective counseling department in school. (10 Marks)
- b) Explain three stages of the counseling process. (10 Marks)
- c) Describe four advantages of group counseling. (4 Marks)
3. a) Explain five life skills that an adolescent can apply to deal with daily challenges. (10 Marks)
- b) Analyse four reasons why peer counseling is essential in a school. (4 Marks)
- c) Describe three rights of a client in the counseling process. (6 Marks)
4. a) Analyse five components of a comprehensive guidance programme in a school set up. (10 Marks)
- b) Explain four psychological problems among students that require counseling. (8 Marks)
- c) Explain two advantages of individual counseling. (2 Marks)
5. a) Explain four challenges facing the provision of proper guidance and counseling in schools. (8 Marks)
- b) Describe four aspects from behaviour theories that can modify maladaptive behaviour. (8 Marks)
- c) Explain four challenges of a peer counselor in school. (4 Marks)